

THE RO

Anglican Parish of Caversham Saint Peter, Dunedin, New Zealand

September 2017—Trinity—Ordinary Time



Robert Jenson RIP

By The Vicar

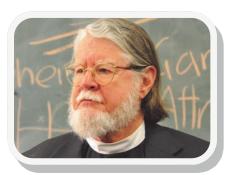
he American Lutheran theologian Robert Jenson, who inspired my Master of Theology thesis, has died at the age of 87.

His two volume Systematic Theology, readable, succinct and deep, revolutionised the world of systematic theology, winning praise even from those who deeply disagreed with him. The Holy Trinity was at the centre of his theology and he was one of the most prominent revivers of Trinitarian theology in the 20th century.

His reading was wide and omnivorous and this made him a deeply oecumenical theologian drawing on insights from a wide variety of Christian traditions. With his collaborator Carl Braaten he founded the Centre for Catholic and Evangelical Thought which produced helpful and thoughtful ways forward for Christian theological agreement. He wrote that "to be authentic, theology must be written for the undivided church that the Spirit will surely someday grant.".

The two of them also went on to found the Centre for Theological Enquiry in Princeton, New Jersey, a theological think tank which brings together some of the world's brightest theologians for time together while on sabbatical. This enables them to spark off against each other while writing the big book they always thought they had in them.

I am grateful to Robert Jenson for several things. When Vicar of St Peter's, Willis St, Wellington I picked up Jenson's Systematic Theology for the first time and found there a devastating analysis and critique of the shallow liberalism which had caused such trouble in the parish. Jenson



Robert W. Jenson.

PHOTO.: HTTPS://CRUCIALITY.FILES.WORDPRESS.COM

had seen through the toxic elements in modernity and the forms of religion which tried to adapt themselves to it. His books became something of a reform agenda for

They also sparked an abiding interest in systematic theology and a renewal of my ministry based around serious study on a regular basis. The well springs of ministry and preaching would be refreshed and renewed from that time on by drinking from the deep wells of worthwhile books. It also got me on to the circuit of theology conferences to give papers and to meet serious players in the theology world.

This in turn brought about the two year post graduate study at the Otago Theology Department to produce the thesis entitled The Surprise Ending, a study of how the Holy Spirit will bring about the end of human history and a detailing of the good things God has in store for us in the life of the world to come.

The thesis earned a distinction and this in turn entitled me to a scholarship. Thus Robert Jenson's gift to the parish is that the PhD thesis I am writing—which will become the parish history of Saint Peter's Caversham—is a project funded by the university rather than the parish.

First **Episcopal** visit



Two days after being installed as the 10th Anglican Bishop of Dunedin, the Right Reverend Dr Steven Benford visited Saint Peter's on 24 September to celebrate the Eucharist and preach. He is pictured above during the opening procession. Below: The procession nears its end.

OTO'S - FROM THE VIDEO OF THE SERVICE BY INFORMATION SERVICES OTAGO I TO



Our Parish Contribution

By The Vicar

ach year parishes in our diocese contribute just over \$200,000 to the running of the diocese. This covers the running of the diocesan office, paying for the annual Synod, a contribution to

the Bishopric estate and is really an affiliation fee for belonging to a greater whole. In recent years Caversham has got off lightly paying at around the 2017 contribution of \$4.017.

However, recently the funding formula has changed. The Diocesan Stewardship Committee proposed to last year's Synod that from 2018 on parish contributions would be based on total



The Dunedin Diocesan Office. Our annual contribution to diocesan costs has increased by over 135%.

PHOTO.: GOOGLE STREET VIEW.

income at 7.5% of "assessable" income, excluding money raised for extra-parochial income for purposes such as missions, fund raising or bequest income for major capital works and bequests. The 2017 Synod accepted this new assessment formula.

The result has been a dramatic rise in Caversham's annual contribution to \$9,451, an increase of \$5,434. What has made the difference is our bequest income. The interest we receive from our bequests is what enables our parish to continue with full time ministry and to meet our maintenance costs. It is around 50% of our income but this is now assessed at 7.5% to make up our diocesan contribution. This is the case even though some of our bequests have their interest compounded back on to their capital base to enable them to grow in value. The one exception is the Saint Peter's Renovation fund, which is invested in the Diocesan Trust Board's Growth Fund. This is a unit trust which does not generate annual interest income for us but instead grows the original sum invested as a figure which cannot be realised on our behalf until we withdraw it from the fund.

However, we are exempt from one additional cost which now falls on quite a few parishes. These are the ones which use the diocesan financial services because they are unable to manage their own financial affairs. From now on they will pay an annual levy in proportion to the extent they use these services. Thanks to the unstinting, generous and pro bono services provided by our treasurer Danielle Harrison this levy does not fall on us.

Some of the big parishes have seen a dramatic fall in their requested annual contribution under this new formula but have opted to pay more than has been requested of them, a big help to our annual budget.

Quiet end to a successful day



Participants in a successful Walsingham Quiet Day on 9 September. From left to right, Helen Clements, Wendy Stocks, Reverend David Crooke, Peter Rodgers, The Vicar, Felicia Wade, David Stocks, David Hoskins, Di Bunker and Alex Chisholm.

HOTO .: WENDY STOCKS.

Letters

The Rock welcomes letters to the Editor.
Letters are subject to selection and, if selected, to editing for length and house style. Letters may be:

Posted to: The Editor of The Rock,

c/- The Vicarage, 57 Baker Street, Caversham,

Dunedin, N.Z. 9012

Emailed to:

TheRockEditor@stpeterscaversham.org.nz

Ask The Vicar

For answers to questions doctrinal, spiritual and liturgical.

Write to: Ask The Vicar, c/- The Vicarage as above

Or email:

AskTheVicar@stpeterscaversham.org.nz

ASK THE VESTRY

Questions about the secular life and fabric of the parish may be:

Posted to : Ask The Vestry,c/- The Vicarage as above

Emailed to:

 $\underline{\mathsf{AskTheVestry@stpeterscaversham.org.nz}}$

The Articles of Religion

ISSUED BY THE CONVOCATION OF CLERGY OF THE CHURCH OF ENGLAND IN 1571

XIV. Of Works of Supererogation.

VOLUNTARY works besides, over and above, God's commandments which they call Works of Supererogation, cannot be taught without arrogancy and impiety. For by them men do declare that they do not only render unto God as much as they are bound to do, but that they do more for His sake than of bounden duty is required: Whereas Christ saith plainly, When ye have done all that are commanded to do, say, We be unprofitable servants.



Walsingham.

PHOTO.: WALSINGHAMANGLICAN.ORG.UK.



THE MERCHANT NAVY (M. N.)

(2) The Set Up

By Jan Condie

he s.s. Caversham is out in the Atlantic Ocean heading for Sombrero Island. Does she contain just a mob of men trying to do a job of work? Not quite; Society is said to be defined by what has to be accomplished and, to a lesser extent, by tradition.

There are three distinct divisions—plus Sparks who has been mentioned elsewhere. The Deck Department deals with navigation and ship handling, the care, safety and maintenance of all the ship's cargo and cargo handling equipment such as masts, sampson posts, derricks, blocks, wires, hatches and the lifeboats, anchors and cables, the decks and the general cleanliness and smartness of the exterior of the ship including the hull.

The Engine Room Department rules in the engine and boiler rooms, which contain the main propulsion machinery and the generators and is responsible for electrical equipment and supply, even the galley stove. It maintains all external machinery such as steering gear, cargo winches, ventilation fans, refrigerating machinery. In the s.s. "Caversham" the main engines are steam turbines which require high pressure boilers. There are also two turbo generators and two diesel ones, each powerful enough to drive a locomotive.

The smallest department, the Catering Department, provides the meals and serves them to the officers in the Saloon. The stewards clean public spaces and make up the watch keeping officers' cabins and the galley staff cook the food. In addition, the

Part two in a series describing how British merchant shipping operated in our sea dog's heyday.

Chief Steward keeps the accounts of wages.

In an oddly English way, there is an obsolete tradition of snobbery between Deck and Engine Room dating back to the days when funnels first poked up through the deck and poured dirty smoke over the sails. One can only hope that is no longer the case.

The Petty Officers live in individual cabins in their own alleyway and have their own mess room. They comprise The Carpenter, Boatswain, Engine Room Storekeeper, Lamptrimmer and Donkeyman.

Along the port side of the engine room casing are the sailors' two berth cabins and their



"If you happened to be on watch at the time, that was just too bad..."

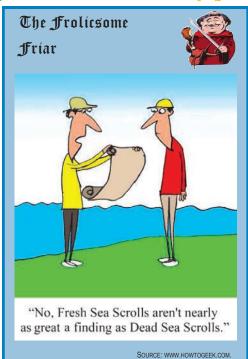
PHOTO.: WWW.MARINEINSIGHT.COM.

bathroom and toilets and on the starboard side is the engine room ratings' accommodation. There is a joint recreation

room at the after end and a

The ship's galley (kitchen) is sandwiched between the crew mess room and the officers' saloon pantry and handy to the store rooms situated on the deck below. Both engineer and deck officers have recreation rooms (called smoke rooms) but they were seldom made use of; socialising being done in cabins.

A stranger walking through the accommodation at sea would notice at once that every cabin door was hooked back with the opening being covered by a curtain. Doors were almost



never shut when at sea, they might be hooked open but they were never locked at sea. In port, the opposite was the case.

Entertainment and recreation ranked even

lower than health and safety and facilities were very scant. Officers played a game known as deck golf on deck with croquet mallets and wooden discs made from lignum vitae, but there was the weekly film show if the weather was fine. A canvas screen was hoisted up between two sampson posts on the after deck, the electrician set up a projector after the evening meal and as soon as it was dark the crew drifted along, each carrying a can of Barclay's beer, to watch the show. The

intervals while the reels were changed were handy for a quick trip to the toilet. If you happened to be on watch at the time, that was just too bad, unless you could persuade an electrician to show it again in the recreation room on Saturday afternoon.

The films were supplied by a firm called Walport in London and there was an organisation called The Seafarers' Education Society which supplied a library, two boxes of books which were changed each voyage. There were usually several packs of cards in the smoke rooms but other recreations there were none unless one counts 'bronzy' (sun bathing) when the tropics were reached.

Recreation, however, was the last thing on the Boatswain's mind as the *Caversham* steamed down channel. He had to clean up the mess left behind by the dockers and repair gangs in London.

Next month: "The Routine" - how the day was organised.

The Caversham Lectures 2017

Tuesday, 7 November : *Life with Big Brother* : Professor Andrew Geddis

Tuesday, 14 November: Opening the Mind:

Professor Grant Gillett

Tuesday, 21 November: Wrongful Conviction:

Associate Professor Rachel Zajac

Tuesday, 28 November :

The current state of Anglican Roman
Catholic relations:
Archbishop Sir David Moxon.



Tuesday, 5 December : *Citizen Stylist project :* Dr Margo Barton

In the Parish Centre at 7.30pm.



Table Talk

DR ALEX CHISHOLM DISCUSSES MATTERS RAISED BY READERS This month: Beetroot

recent table talk question concerned beetroot—is it good for you; what does it contain that's healthy, should we be trying to include it in our regular dietary pattern? Beetroot has been around for a considerable time—being known to the peoples living in Mesopotamia—and was cultivated in ancient Greece where, however, just the leaves were eaten and not the roots. Hippocrates used leaves of beetroot for binding and dressing wounds while the *Talmud*, written in 4th and 5th centuries, advises eating beetroot, among other things, for longer life. Apicius, the famous Roman gourmet, wrote a book called *The Art of Cooking* and in it gave recipes with beetroot-like broths and salads with mustard, oil and vinegar. The type of beetroot used though was long and thin and paler in colour. Beetroot as we know it today arrived in 16th and 17th century Europe when the bright red colour was

bred in. Paler beetroot do exist but are rarely seen commercially in New Zealand. Quite apart from its long history, beetroot is sometimes thought of as an 'old fashioned' vegetable, but is experiencing a resurgence in popularity. It is being consumed in ways hardly dreamt of by our grandparents. From Nadia Lim to the New World supermarket, beetroot recipes are proliferating. They include recipes for smoothies, salads—sometimes using



"Paler beetroot do exist ...".

raw beetroot—beetroot chocolate cake, beetroot with smoked fish, beetroot with soft cheeses, with grains such as guinoa, beetroot jam, beetroot pickles and roast



"barbecue menu must-have". beetroot ice cream?

beetroot. In fact an entertaining article in the *Guardian* newspaper on-line entitled 'Beet it! Why beetroot is this summer's barbecue menu must-have' pointed to the influence of young people ,coupled by the fact that we are eating less meat, as driving the move to 'plant heavier' menus. Because of its sweetness, it is even being used in desserts—anyone for beetroot ice cream?

So why is there increased interest in beetroot as a healthy food? Apart from the fact people may be rediscovering its flavour and versatility as a menu item, various health effects have been reported. It is one of the few vegetables with high levels of dietary nitrate and in the body this can transform into nitric oxide, a biological messenger, which has many important functions and beneficial effects on the cardiovascular system. Nitric oxide travels through the artery walls, sending signals to the tiny muscle cells around the arteries causing them to relax. When these tiny muscle cells relax, the blood vessels dilate and blood pressure goes down. This is actually how the drug nitroglycerin works. It is a source of nitrate, which quickly turns into nitric oxide and dilates the blood vessels. This in turn can prevent or reverse angina, the chest pain which occurs when the heart muscle doesn't get enough oxygen due to reduced blood flow. Several research groups with an interest in enhancing exercise performance and recovery from exercise are investigating the effects of, in particular, beetroot juice. Some have produced promising results.

With all this activity it would seem to be a case of watch this space! In the meantime however, we can continue to enjoy this versatile vegetable in all its guises.



Nutritional snippets

Beetroots have a glycemic index score of 61, which is considered to be in the medium range. The glycemic index is a measure of how fast blood sugar levels rise after a meal. On the other hand, the glycemic load, which also takes the carbohydrate content into account, is only 5, which is very low. This means that beetroot should not have a major effect on blood sugar levels. Beetroot is a source of fibre and potassium and is a good source of folate. In fact 2 slices (60g) of beetroot contain 25% of the Recommended Dietary Intake of folate for an average adult.



"...anyone for beetroot icecream?"

PHOTO.: EMERALDANDELLA.COM.AU.

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In Saint Peter's Garden

By Warwick Harris

End of the line



n the 4th of September, with Deirdre leading the way, we

Our master gardener is on holiday but has not forgotten us, writing from Essex after returning from a trip north-far, far north.

sailed stormy seas from John O'Groats, the northern most point of lowland Scotland, to go on a bus tour of part of the Orkney Islands. Amongst the highlights of the tour was a visit to Skara Brae, site of archaeological excavations of a neolithic



Wick railway station.

PHOTO'S: WARWICK HARRIS.

human settlement of stone-built and furnished houses which had come to a sudden end about 4,500 years ago. That was 2,500 years before the birth of Christ and it is estimated the settlement existed 600 years before that.

Nothing is known of the language and spiritual beliefs of the people of Skara Brae. For them 2,500 BC was the end of their line. The time of their existence poses theological questions and just why they abandoned their village remains a mystery.

The next day, at the start of our return through Scotland to England, gave time to ponder on the mysteries of Skara Brae. This trip began with bus travel from John O'Groats

to Wick. We were the only passengers apart from a few locals who knew where the bus stopped and who were familiar with the bonnie lass who drove it. She told us the bus did not stop at the Wick railway station but obligingly dropped us off at the point closest to the station, unloaded the heavy suitcase we carried with us on our rail journeys and pointed out the direction to the station.

Wick is one of the two northernmost ends of railway lines in Scotland, the other being at Thurso. On getting to the Wick station we found we had two hours to wait for the train to arrive to take us to Inverness to connect with a train to Perth. That gave time to ponder on the mysteries of the Orkneys, to consider the situation of Wick being at the end of a railway line and to take some photos. We had the waiting room to ourselves apart from a few railway staff who sporadically appeared from doors along the platform and waiting room.

The excitement of the day when the railway reached Wick in 1874 can be well imagined. It would have markedly increased the flow of produce, goods, and people to and from the town. Particularly, it would have enhanced visits by tourists to a remote region of Scotland. In recent years use of the line by passengers has declined as more people travel by road in cars. As well, the numbers of cruise liners visiting the Orkneys is considerably greater than those visiting New Zealand, which will have markedly reduced the number of people reaching the Orkneys in

the way we did.

The waiting room displayed relics of items from earlier days of the Wick station. These

included large corroding luggage trolleys and antiquated scales once used to weigh luggage and goods for transport. As well, a tub of flowers with a red cabbage tree in its centre, a common feature of street plantings in the United Kingdom, reminded us of our antipodal origins.

Our train, consisting of two carriages, arrived at the appointed time and a few passengers got off. We found our seats on the train and set off on our journey to Perth, but not before the train branched off on a separate line ending at Thurso before heading off on the



The author's "tour planner and guide"—Deirdre Harris.

journey south on an inland route. We were happy to see the train progressively gather up passengers along the way as a hope for the continuing viability of the line.

At first it was through the purple heather clad moors and mountains of the Highlands and then through the bucolic landscape of the Grampians. The wooded countryside, with sheep and cattle gently grazing, provided a poignant contrast with the strained intensive dairying lands of home.

Armistice Day Service

Sunday, 12 November at 10.30am

the Rock is planning a special item to mark this new feature of parish life. If you have a story or photo of your or a family member's life in the services—especially if during WWI—let us know so we can include it.



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1935. Her parents were both in the British Army, so at the beginning of the War she was sent down to Devon and was brought up by her stepmother's sister and husband (who were very kind to her) in Exeter. Having left school aged 17 Di began nursing in a children's hospital at Torquay (also in Devon) where she staved for about nine months before undertaking orthopaedic nursing training in Exeter. In 1956 she went up to London for general nursing training at University College Hospital where she qualified as a nurse. She had various jobs until 1962, by which time she had been married to Dr David Cook for a couple of years. Her first baby arrived at the end of that year and another came along in 1964. Her husband was a GP but in Britain in those days GP's were very poorly paid so in 1966 they emigrated to New Zealand, where conditions were much much better, choosing this country over Canada because of New Zealand's free health service

i was born in London in

She spent 13 years in Owaka until 1979 and moved to Dunedin where the children were at school. When they arrived there Owaka was a small rural practice but eventually patients were coming from as far afield as Tokanui and Milton. Di worked at Mater Hospital for a year. In 1980 the new Dunedin Hospital ward-block opened and Di was appointed Charge-Nurse in the Orthopaedic Ward. At the end of 1982 she was invited to teach in the School of Nursing within Dunedin Hospital. This took her from the ward into the classroom but there was quite a bit of clinical teaching which kept her in touch. Being now in an academic environment Di enrolled in a B.A. course at Otago University, but spent 1984 in Christchurch at Polytech obtaining an Health in Wellington, and remained there advanced nursing diploma; this was the only time she was ever a full-time student. In 1985 she was appointed Principal Tutor at the Dunedin School of Nursing within Otago Polytech, where she stayed until mid-1990.

Di finished her degree in 1989, having majored in anthropology, just as the Cartwright Inquiry into the treatment of patients at National Women's Hospital in Auckland was completed. She became the



Di Bunker in Saint Peter's this month.

PHOTO.: INFORMATION SERVICES OTAGO LTD.

Otago co-ordinator of the resulting cervical screening programme and found it a very interesting job setting something up from scratch. She had a very good "off-sider" and found GP's and laboratories extremely helpful. The programme was required to be sensitive to Maori and Pacific Islanders' needs and the knowledge gained at university was helpful in understanding their cultures and was most useful in providing appropriate services. After six years she was appointed the national co-ordinator and moved to Wellington on a two-year contract with the Ministry of Health.

At the beginning of 1998 she moved to the NZ Cancer Registry, also with the Ministry of until her retirement in 2005. For her last four years there she was the team-leader (i.e. The Boss). About this time she was made an Honorary Research Fellow by Massey University. During her time with the Cancer Registry she helped set up similar registries in two Pacific Island countries.

Di married Father David Best, Vicar of All Saints' Dunedin North (1983 - 1996), and then Vicar of St Barnabas', Roseneath. From Roseneath Father David went to Brisbane in 2005 to become the Vicar of St Hugh's, Inala, but died in 2007 after surgery. Di stayed on, in Ipswich, west of Brisbane. This city was the base for the former Queensland Government Railways and today has an impressive railway museum, for which Di's daughter-in-law wrote a lot of the information and publicity material. Di became active in the clergy-spouse group (formerly called "clergy wives", but many female priests were being ordained at the time) where she met and became good friends with Liz Bunker. Sadly Liz died of cancer and widower Kit and widow Di married.

Di grew up in the Church as her step-parents were staunch church-goers, attending church once or twice every Sunday as well as most mid-week feasts. As a young woman in London she attended All Saints', Margaret Street. In Brisbane she attended St Andrew's, Indooroopilly, and was an LA and on the Parish Council.

While in Brisbane Di helped in the Cathedral shop and in Ipswich was involved with the Ipswich Theatre Company (catering not acting!). She enjoys needlework and sewing, and made Father David's vestments.

Di was made a Companion of the New Zealand Order of Merit (CNZM) for Services to Women's Health.



Badge of a Companion of the **New Zealand Order of Merit** (on ribbon bow).

PHOTO.: WWW.DPMC.GOVT.NZ.

Regular Services

(for variations consult The Pebble or our website) All services are held in Saint Peter's unless noted otherwise

SUNDAY:

8am: Holy Communion according to the Book of Common Prayer

10.30am: Solemn Sung Eucharist

5pm: first Sunday of the month only: Evensong and Benediction

followed by a social gathering in the lounge.

NB Evensong will not be held on 1 October

THURSDAY: 10am: Eucharist

FIRST THURSDAY OF EACH MONTH:

11am: Eucharist in the lounge of Frances Hodgkins Retirement

Village, Fenton Crescent

Special Services

Contact The Vicar to arrange baptisms, weddings, house blessings, burials, confessions and other special services.

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Vestry Notes

ighlights of the September Vestry Meeting:

- It was resolved to move the Corstorphine Church Fund and the Sundry Endowment Fund into the Saint Peter's Renovation Fund. The Renovation Fund is invested in the Trust Board's Growth Fund, a unit trust which is focused on capital growth. It is the reserve we are building up to deal with earthquake strengthening or sudden maintenance emergencies
- The hall needs new lightweight tables and the search is on for suitable replacement tables
- The vicarage heating was discussed further—this is an on going issue
- Final arrangements and preparations were clarified for the Synod meeting to be held at Saint Peters on 23.9.2017 and Bishop Stevens's visit to on 24.9.2017.



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For your diary

Tuesday, 24 October: 2pm: Fellowship meets at Glenfalloch

Tuesday, 7 November: 7.30pm: Caversham Lecture. Dr Andrew Geddis discusses our

current legal and human rights in the light of recently enacted

surveillance and counter-terrorism legislation

Sunday, 12 November: Armistice Day Service at 10.30am

Tuesday, 14 November: 7.30pm: Caversham Lecture. Professor of Biomedical ethics Grant

Gillett . Opening the Mind: Confessions of a brain surgeon

Sunday, 19 November: Reverend Jonathan Hicks is guest preacher

Tuesday, 21 November: 2pm: Fellowship afternoon tea to meet Teresa Hicks

7.30pm: Caversham Lecture. Rachel Zajac, University of Otago psychology department, specialist in forensic psychology. Wrongful Conviction—what goes wrong when wrongful

convictions occur

Sunday, 26 November: Feast of Christ the King. Archbishop David Moxon presides and

preaches

Tuesday, 28 November: 7.30pm: Caversham Lecture. Archbishop David Moxon. The

current state of Anglican Roman Catholic relations

Tuesday, 5 December: 7.30pm: Caversham Lecture. Dr Margo Barton. Citizen Stylist

Wednesday, 6 December: 6pm: Fellowship Christmas Dinner at St Barnabas





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Busy Weekend

Saint Peter's hosted the Diocesan Synod on Saturday, 23 September. Parishioners were busy providing sustenance for Synod members (above). Then on Sunday, our new Bishop joined us to celebrate the 10.30 Eucharist. Below, I. to r. Michael Forrest, Father Hugh Bowron, the Right Reverend Steven Benford and David Stocks celebrate the Eucharist.

Bottom, part of the substantial congregation.



